



Troy Parks and Recreation

Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted.

Staff will try their best to meet everyone's needs, but if behavior problems persist, you will be asked to provide an aide or to withdraw from the activity.



November/December 2009

DEAR PARENTS & FRIENDSHIP CLUB MEMBERS:

The Holiday season will be here soon. Please review the newsletter for special events and schedules. There will be no bowling November 28, December 26 and January 2. December Friday Frolic we will be a serving pizza again this year. The Friendship Club Day program will not meet during the week between Christmas and New Year's (Dec. 24, 29 and 31).

PLEASE NOTE: Just a reminder that all participants must have a membership form on file in the Parks and Recreation Office. If you do not have a membership form on file, then stop at the Community Center front desk or call 248-524-3484 and we will mail one to you. Once you turn in this form we will mail you a membership card. Only members that have a current form on file will receive the newsletter.

Thank you!

Cost for Tuesday and Thursday Daytime program is \$70 for residents and \$75 for non-residents. All Drop-In activities are now \$5, or \$4 with purchase of a punch card. See below.

We will no longer provide transportation to Diner's Club.

PUNCHCARD PAYMENT SYSTEM AVAILABLE!!! Save money by using a PUNCH CARD!!!

This can be used to pay for Movie and Pizza, Karaoke and Dancing, Friday Frolic, and Bingo. These activities are \$5.00 per person at the door. Purchase a punch card at the front desk for \$41 for residents of Troy and \$46 for non-residents. This will result in a savings of \$9 for residents and \$4 for non-residents over paying at the door. This punch card is good for admission into ten of these events.

You can save money by purchasing and using the punch card for these events.

Bowling will remain \$5.00 for all participants, payable at the door.

There is no refund for lost or stolen cards, so be careful not to lose your punch card once you purchase it. Write your name and phone number on the back in case you misplace it. This card can be purchased with cash, check or credit card (Mastercard or Visa) at the front desk at the Community Center.

PLEASE DO NOT DROP PARTICIPANTS OFF EARLY FOR AN EVENT AND LEAVE. LIKEWISE, PLEASE BE AVAILABLE TO PICK UP YOUR PARTICIPANT NO LATER THAN THE LISTED CLOSING TIME. THE PARKS AND RECREATION FRONT DESK STAFF ARE NOT RESPONSIBLE!!

Thanks for your cooperation!

Elaine Torvinen

BASKETBALL

Register now for the 10-week winter basketball sessions. Participants will be divided in to four teams. Join Coach Courtney Dalley for a fun season! The four teams will practice together for the first few weeks and then play against each other and have playoffs. On the first day of basketball, a more detailed letter will be passed out.

| Act. # | Day | Time | Location | Fee | Begins | Ends |
|---------|---------|-------------|------------------|--------------|---------|---------|
| 145343F | Tuesday | 6:30-8:30pm | Community Center | \$54R \$59NR | Jan. 12 | Mar. 16 |

DINERS CLUB

1st Monday - Please register by Friday prior to event.

Time: 6:30-8:15 p.m. Meet at the restaurant.

Cost: \$20 Residents, \$22 Non-Residents includes dinner, beverages, tip, chaperones.

Monday, Nov. 2 –Camp Ticonderoga 5725 Rochester Road Troy (South of Square Lake) 248-828-2825 – **Act. #135000D**

Monday, Dec. 7 - Marinellis 4924 Rochester Rd (South of Long Lake) 248-689-6460– **Act. #135000E**

MOVIE AND PIZZA

2nd Monday

Time: 6:30-8:30 pm

Location: Troy Community Center

Cost: Punch card or \$5 at the door. (includes movie, drink, and a pizza snack). Preregistration is not required.

Aides may purchase pizza \$1/slice. Please place your order when you check in.

Monday, Nov. 9 – Monsters vs. Aliens

Monday, Dec. 14 – Night at the Museum – Battle of the Smithsonian

FRIDAY FROLIC DANCE

2nd Friday of each month except July and August. Dancing with a DJ and refreshments.

November 13 and December 11 (Pizza will be served on December 11. Dress for the holidays)

Time: 7 - 9:30pm

Location: Troy Community Center

Cost: Punch card or \$5 at the door. Aides can purchase refreshments for \$1. Preregistration is not required.

KARAOKE AND DANCING

3rd Monday - Have fun while singing along with latest and greatest artists. Pop and chips will be served. Feel free to dance along.

Bring your favorite CD if you want to sing.

November 16 and December 21

Time: 7 - 8:30pm

Location: Troy Community Center

Cost: Punch card or \$5 at the door. Aides may purchase pop and chips for \$1. No preregistration required.

BINGO NIGHT

4th Monday Prizes will be given to the winners and we will break for refreshments.

November 23 and December 28

Time: 7-8:30 pm

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. **NO PRE-REGISTRATION REQUIRED**

Aides may purchase pop and chips for \$1.

NEW! ARTS & CRAFTS NIGHT

Jeannette Pugliese has been teaching craft & pottery classes at the Community Center and has extensive experience in working with clients with special needs. She has started a program with the Friendship Club Tuesday program and the clients enjoy it very much. Those who wish to participate will pay the regular \$5.00 admission (or punch card) **plus \$4.00** for art supplies. We are considering replacing Diner's Club with Arts & Crafts starting in January.

Monday November 30

Time: 7:00-8:30

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. **Plus \$4.00 supply fee payable to instructor.** **NO PRE-REGISTRATION REQUIRED**

Aides may purchase pop and chips for \$1.

MY CHANCE TO DANCE

Winner of the 2002 Governor's Amateur Athletic Event Award, this dance/exercise program presented by C.C. Plus includes circle dances, party dances, line dances, fun music and great exercise. The program is specially choreographed to avoid failure and build on success! Wheelchairs and walkers welcome!! **Payment should be made to the instructor at class.** The fee is \$6 per class for drop-in students or \$40 for eight classes paid in advance. **ATTN MORC Clients:** Ask your support coordinator how you can attend this class for FREE!

| Day | Time | Location | Begins | Ends |
|---------|----------------|--------------------------------|----------|----------|
| Tuesday | 6:30-7:30 p.m. | Big Beaver Church, 3753 John R | Sept. 29 | April 27 |



Special Olympics

Michigan
Oakland County

Team Troy Special Olympics Parent's Page

(248) 524-3484 3179 Livernois Troy, MI 48083

Anyone needing information regarding health forms can contact the Special Olympics office at (586) 731-0922.



Christmas Party

The youth group from the Church of Jesus Christ of Latter-Day Saints invites Friendship Club members to a Christmas party! Enjoy a night of food, games, prizes and FUN!!!

Date: Wednesday, Dec. 9, 2009
Time: 7 - 8:30 pm
Place: The Church of Jesus Christ of Latter-Day Saints
 2784 E. Square Lake Road, Troy (west of Dequindre Rd)
Reservations: Call 248-524-3484 and ask for Act. #115301C.
 This event is free. Parents/chaperones do not register.
Questions: Call Karen Green at 586-323-6961

DAYTIME FRIENDSHIP CLUB

This program for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions. The fee is \$70 per month for one day a week or \$140 for both days for residents and \$75 per month for one day per week or \$150 for both days for non-residents.

Pre-registration is required and you must register for the entire month. Please let us know if you have any questions. You can call Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov.

Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.

We ask that new participants attend with a family or staff member on a Tuesday or Thursday prior to registering to be introduced to the program and give staff time to ask questions to ascertain the needs of the participant. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation.

The activity numbers for the 2009-2010 season are as follows:

Tuesdays

Nov. 135304E
 Dec. 135304F
 Jan. 135304G
 Feb. 135304H

Mar. 135304J
 Apr. 135304K
 May 135304L
 June 135304M

Thursdays

Nov. 135311E (No meeting 11/26)
 Dec. 135311F (No meeting 12/24 & 31)
 Jan. 135311G
 Feb. 135311H

Mar. 135311J
 Apr. 135311K
 May 135311L
 June 135311M

Daytime Friendship Club Sample Schedule

Morning – Current events & gym

Lunch – Please refer to the monthly schedule for lunch plans. One week, we may go out for lunch. One week we provide pizza and salad. The other weeks participants bring their own sack lunch.

Afternoon – The activities planned for the afternoon include community trips, walks, karaoke, dancing, movies, games, service projects, crafts, birthday parties, swimming and more!!!

Staff will try their best to meet everyone's needs, but if personal daily living needs or behavior problems persist we will ask you to provide an aide or withdraw from the program. Aides are not required to pay the \$70 fee but must pay for meals, admission fees for field trips and other incidentals. Please come prepared to pay the appropriate fee. A receipt can be issued for reimbursement purposes.

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household – annual income of \$24,450 or less; 2 person household – annual income of \$27,950 or less; 3 person household – annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you.

Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for reservation information. There is no charge for Medi-Go, but donations are accepted.

ON GOING EVENTS

Basketball: Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Pre-registration is required. Minimum age: 16.

Bowling: Saturdays (except holiday weekends and July and August) from 11 a.m - 1 p.m. at Troy Lanes (Square Lake west of John R). **\$5 per week includes shoes and three games.** Drop-in. Minimum age: 10.

My Chance to Dance: Tuesday evenings from 7-8pm at the Big Beaver United Methodist Church September – April. Minimum age 13.

Performing Arts Club: For teens and young adults with developmental disabilities. Wednesdays from 7-9 pm at the Troy Community Center. Co-sponsored by the Italian Study Group of Troy.

\$10(R) \$12(NR) annual fee for activity #145300A. This fee is waived for the first time attending and will be prorated after six months. For more information, call Denise at 248-585-5246. Minimum age: 16.

Soccer League: Spring and fall soccer is offered by the Troy Youth Soccer Ability League for physically and developmentally disabled ages five through 26. Teams are formed by age and ability. Call TYSA 248-524-0170 for information.

Softball: A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Tuesday evenings. Pre-registration by April 1 required. Minimum age: 16.

Special Events: Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.

Special Olympics: Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8.

Weight Watchers: Tuesdays, weigh in between 5:30 & 6:00 pm, meeting begins at 6:15pm at the Big Beaver First United Methodist Church 3753 John R, Troy. The fee is .50 per week. Braille is available. Persons accompanying a program participant may participant for the same fee. Co-sponsored by ARC. Call Sharon Connelly at 248-816-1900 for details. Minimum age 13.

Wheelchair Sports: For men and women 18 and older with physical disabilities. Friday evenings at Boulton Middle School, September through March. Call Oakland County Parks at 248-858-7596 for details.

MAIL-IN REGISTRATION FORM

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant _____

Contact Person _____

Activity #: _____ Fee _____

Address _____

Activity #: _____ Fee _____

City _____ Zip _____

Activity #: _____ Fee _____

Phone _____

TOTAL DUE: _____

Signed: _____

Date: _____

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to:

Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083. To register online, go to www.ci.troy.mi.us and click on the Parks and Rec Registration button on the home page. Enter your household number for username (find this number near the bottom left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, click on SHOP and then ACTIVITY ENROLLMENT. You can only register people in your own household.

November 2009

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------|---|--|---------------------------------|-----------------------------------|---------------------------------|-----------------------------------|
| 1 | 2 DINER'S CLUB Camp Ticonderoga | 3 Friendship Club 10am-3pm W. Watchers 6:15pm | 4 Performing Arts 7:00pm | 5 Friendship Club 10am-3pm | 6 | 7 Bowling 11:00am – 1:00pm |
| 8 Pistons Game | 9 Movie and Pizza 6:30pm-8:30pm | 10 Friendship Club 10am-3pm W. Watchers 6:15pm | 11 Performing Arts 7:00pm | 12 Friendship Club 10am-3pm | 13 Friday Frolic 7-9:30pm | 14 Bowling 11:00am – 1:00pm |
| 15 | 16 Karaoke and Dancing 7-8:30pm | 17 Friendship Club 10am-3pm W. Watchers 6:15pm | 18 Performing Arts 7:00pm | 19 Friendship Club 10am-3pm | 20 | 21 Bowling 11:00am – 1:00pm |
| 22 | 23 Bingo 7pm-8:30pm | 24 Friendship Club 10am-3pm W. Watchers 6:15pm | 25 Performing Arts 7:00pm | 26 HAPPY THANKSGIVING | 27 | 28 NO BOWLING |
| 29 | 30 ARTS & CRAFTS CLASS 7:00-8:30 | | | | | |

December 2009

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|---------------------------------|-----------------------------------|---|---|
| | | 1 Friendship Club 10am-3pm W. Watchers 6:15pm | 2 Performing Arts 7:00pm | 3 Friendship Club 10am-3pm | 4 | 5 Bowling 11:00am – 1:00pm |
| 6 | 7 Diner's Club Marinelli's 6:30-8:15pm | 8 Friendship Club 10am-3pm W. Watchers 6:15pm | 9 Performing Arts 7:00pm | 10 Friendship Club 10am-3pm | 11 Friday Frolic 7-9:30pm Pizza served | 12 Bowling 11:00am – 1:00pm |
| 13 | 14 Movie and Pizza 6:30pm-8:30pm | 15 Friendship Club 10am-3pm W. Watchers 6:15pm | 16 Performing Arts 7:00pm | 17 Friendship Club 10am-3pm | 18 | 19 Bowling 11:00am – 1:00pm Holiday Pot Luck |
| 20 | 21 Karaoke and Dancing 7-8:30pm | 22 Friendship Club 10am-3pm W. Watchers 6:15pm | 23 Performing Arts 7:00pm | 24 | 25 MERRY CHRISTMAS | 26 NO BOWLING |
| 27 | 28 Holiday Bingo 7:00 – 8:30 | 29 | 30 | 31 | 1 HAPPY NEW YEAR! | 2 NO BOWLING |